



Louisiana Department Health and Hospitals/
Office of Aging and Adult Services

ADHC

Adult Day Health Care Waiver

What is the Adult Day Health Care (ADHC) Waiver Program?

The ADHC waiver program provides certain services for five (5) or more hours per day in a licensed and Medicaid enrolled facility to people who qualify.

What other services may I receive from this program?

- Support Coordination (formerly known as case management)
- Transition Intensive Support Coordination (for people going from nursing facilities to the community)
- Transitional Services (for people going from nursing facilities to the community)

Services provided at the ADHC Facility Include the following:

- Assistance with Activities of Daily Living (toileting, grooming, etc.)
- Health and Nutrition Counseling
- Health Education Classes
- A Hot Meal and Two (2) Snacks
- Social Services
- Transportation
- Some Health and Nursing Services
- Exercise Programs

Who can qualify for services?

People who:

- Meet Medicaid financial eligibility **AND**
- Are 65 years old or older **OR**
- Are 21 years old or older with a disability that meets the Social Security Administration definition of disability

- Meet Nursing Facility Level of Care **AND**
- Meet **ONE** of the following:
- Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.

What are the 2009 income limits?

The income limits are \$2,022 for an individual and \$4,044 for a couple (when both spouses need long-term care.)

What are the 2009 resource limits?

Resources are the things people own. When we count resources for this program, we do not count the person's home, the car they drive to medical appointments, or other basic resources.

- Single people can have no more than \$2,000 in resources. Couples can have no more than \$3,000 in resources when both spouses need long-term care.
- Married couples can have up to \$109,560 in resources, as long as one spouse at home **does not get** long-term care services.

How can people request Adult Day Health Care Waiver Services?

The Department keeps an Adult Day Health Care Request for Services Registry (formerly known as the “waiting list”) of people who have asked for these services, along with the date of the request. Based on the date of first request for services, the Department first offers ADHC Waiver opportunities to people from the ADHC Request for Services Registry who are in nursing facilities but can return to their homes if they get services and/or people who might go into nursing facilities in the next 120 days unless they get services.

To add your name to the ADHC Request for Services Registry or if you have questions, call the Louisiana Options in Long Term Care Help Line at 1-877-456-1146 (TDD: 1-877-544-9544), Monday-Friday 8 a.m.—5 p.m. The call is free!